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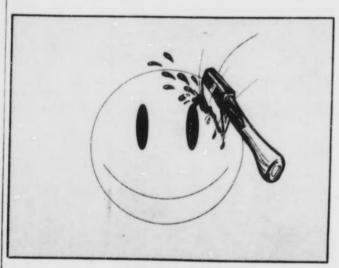
final drop, Michelob drinkers know...

Some things speak for themselves.

Rob Worden College Representative Markstein Beverage Company

Pastimes Vol. 2. No. 1 Spring 1983 CSU Sacramento

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-INTRO

Prayer becomes an integra! part of the editing process when you're putting together a tabloid geared to spring (i.e., warm, sunny weather) sports and recreational pursuits. "Will readers use this as an intellectual diversion or as a rain shield?" I keep asking myself.

Personally, I've gotten used to doing my wash, by walking to class in multilayers of clothes. And I've also become resigned to my new exercise regimen — hurdling masses of earthworms on the library quad. But, as I stare down at articles on Vuarnets, rodeo, bicycling, tennis I begin to get

frustrated

Spring officially began four days ago—with rain. However, I've still got my hands together in faith that Sol will appear again and validate this, the third edition of PasTimes.

With this third time out comes a slight change in editorial policy. Originally conceptualized to focus on seasonal sports (i.e., snow skiing and tennis), PasTimes is owning up to its name as defined by Webster's ("a way of spending spare time.")

A more diverse mixture of topics dwell within this issue

than in past editions. Aside from sports, such pastimes as travel, films, fiction and job hunting (so you can afford leisure time) are included.

Speaking of leisure time, I'd like to take this opportunity to thank all of the State Hornet writers and photographers who spent some of theirs in contributing to this issue.

Thanks for picking us up and if you have to use this as a rain hat, could you at least face the back cover skyward?

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Waking Up To Real Dream Jobs

Alternatives To Clerking At K-Mart And Frying Burgers At McDonald's

Most everyone has an idea about what their dream job would be, and so they go to college to realize this dream. There is another kind of dream job though, the kind where you're laying on the beach in some exotic port, knowing you have hours before you're expected back on the ship to lead a group in jazzercize.

Maybe you are more interested in being in Alaska, during a sunset, at 2 a.m., seeing a moose stalked by a bear.

You may even want the sun and the beach, but closer to home, so you see yourself sitting on top of the lifeguard stand at the local beach.

We all think of these jobs and wonder just how people get them; well, this article should give you a better understanding of what is available and how to get that "Dream Job."

Most companies looking for seasonal summer help start interviewing in the first couple of months of the year, so now is the time to decide just what you are looking for and then apply.

There are summer jobs offered in just about all areas of the United States, and then there are jobs with companies based in the U.S. but place employees in other countries. You can also apply for special work permits that allow you to work in another country.

Princess Lines is an example of a foreign-based employer. The only non-British people they will hire are for their gift shop and entertainers. So much for the "Love Boat."

Therefore, if you are looking for a job on a cruise ship, apply for one that is based out of the United States. Here are a few to contact:

Royal Viking Lines Embarcadero Center San Francisco (415) 339-8000

American-Hawaiian Cruises Island of Hawaii (808) 935-5823

If Alaska appeals to you there are lots of summer jobs available. One such job is in Denali National Park, home of Mt. McKinley, the tallest mountain in the United States. The concessionaire that runs the park is Outdoor World Ltd. Every summer they employ over 250 people for quite a few jobs, such as accountants, dining room, front desk, and sales people.

Most jobs pay \$4.00 an hour and you must pay for room and board from your earnings. You must also pay for your transportation to and from Alaska. With this job, you are not going to make a lot of money, but it is a great way to see and live in Alaska.

The park doesn't allow personal cars into the park so the animals will not fear the road or the buses they see and will conduct their lives in full view of the tourists. This



allows for a lot of exposure to wildlife. If a summer like this appeals to you, Write to: Outdoor World Ltd., 307 South 'B' Street. San Mateo, CA 94401.

Other jobs in Alaska are working in the canneries, working for the tourist bus services and many private hotels.

There was an ad in The State Hornet's classified section that read, "Alaska, Summer jobs in parks, fisheries, wilderness resorts, and logging. To get this employment guide you need to send \$4.95 to Alasco, Box 2573, Saratoga, CA 95070-0573."

If too much wilderness doesn't appeal to you, but the desert holds an attraction, maybe working at the south rim of the

Grand Canyon is for you. The Fred Harvey Company runs hotels, restaurants and curio shops year-round with their peak season from March through October. During the summer they employ over 1,000 people for the resort area.

Entry level salaries start at \$3.50 an hour with room and board not included. But then again you are working in a vacation paradise. The view and opportunities for really seeing the Grand Canyon must compensate somewhat for the smaller salaries.

During the winter, the Tahoe area is a skier's haven, but it is also a very popular vacation spot in the summer. People travel from all over the state to swim, boat in the lake, and enjoy the night life afterwards.

All the casinos need employees year round and have employment offices open daily. Some of the jobs aren't glamorous themselves, but they are generally above minimum wage. Again, housing is not provided and the cost of living is higher there as in any tourist area.

That is something that must be considered with any job that relies on tourism. Those places have inflated prices designed for the tourist, but it affects you none the less. You must ask yourself, will you make

enough money to cover your living expenses?

If anything less than another country is too mild for you then maybe New Zealand is more your style.

The jobs range from farm hand to skiinstructor, and most things in between. The wages are somewhat lower than you might earn here, but you may consider the drop in wages worth it.

You may work there for up to six months. Apply to the New Zealand Embassy for your visa and employment certificate

Britain is another country that employs students interested in travel.

Restaurants, hotels, and other service are the usual route people take but there are many other jobs available if interested. Even cleaning giraffe's cages, if thats what you want.

To get a job you must have a "blue card" that allows you to work up to six months in the United Kingdom. Again, get in touch with the British Embassy.

Here are some books that should help you get started on deciding where you want to go and what you want to do: Summer Jobs in Britain (\$8.95), and Whole World Handbook (\$4.95). For both of these books write to:

Continued On Page 20

Three Books That Look At Work

There are many ways to get a job. These days, knowing someone seems to be the best, easiest way to get one. But not all of us know someone high up in government or the owner of the exclusive resort we want to work at, so the rest of us will have to find another way.

One of the next best ways to help you get a job are one of the many books put out that list jobs, their location, and where and when to apply. Here are three such books.

The first is entitled 1983 Summer Employment Directory of the United States. This book lists jobs in National Parks, resorts, camps, ranches, and many other seasonal jobs as well.

Most jobs are for the summer only, as the title would imply. But for a student looking for someplace fun and different to work tor a summer, it's perfect.

Here are some examples of jobs listed in this book:

"Acadia National Park In Maine. Employee's needed in the gift shop, restaurant, kitchen and for maintainence. The season starts May 15, although they do hire through August 1. It ends as soon as August 25, and as late as October 15. The pay is from \$150/week and up."

This is an excellent opportunity to see a part of the rocky East Coast and some New England culture as well.

Another job offered in this book is in Hawaii. It is a camp for children on the island of Oahu. It is open from mid-June to early August with many different positions open.

With this job you get one day and one night off with pay. They are long hours, but what a location.

A lot of the jobs offered also have a possibility of college credit.

Another part of the book describes how to get these jobs, what kind of person they are looking for so you can present yourself in the best light, and how to make a resume and other written data they require.

To get this book check a bookstore or send \$10.45 to: Writers Digest Books, 993? Aliance Rd., Cincinnati, Ohio 4524.

Another book that relates closer to home and also for more permanent type jobs is The Northern California Job Bank.

Again, this book has a section on how to search for jobs not listed as well as the best way to go about getting the ones that are.

This book lists what the company does, where it's located and who to contact, as well as who they are looking for. It also includes other important information needed for potential employees.

Here are some examples of the jobs listed in this book: Republic Airlines, The Fresno Bee (a newspaper), and Zellerbach Paper Company.

With each job it lists whether a college degree is needed or any other prerequisites are required as well as starting wages.

This book also has a sister book that lists jobs in Southern California.

Either of these books can be obtained by sending \$10.95 each to: Bob Aadams., Inc. 2045 Commonwealth Ave., Brighton, MA 02135

The third and last book described here is 1983 Internships. This book describes the on-the-job training opportunities for a lot of careers all through the U.S.

Again, as well as listing the jobs, it explains how to apply for an internship, and how to present yourself well at an interview.

Some of the jobs listed in this book are:

Public relations person for the Phila-

Continued On Page 21

FASHION-

SPRING STYLE:

WHAT'S IN?

Did Marie Antionette ever go to her closet (closets?) and say, "I don't have a thing to put on?" I wonder if Cleopatra was ever confronted by that infernal question of what to wear?

Maybe it's the times. Maybe styles are changing too fast. Maybe I've gone crackers. but it seems everyone's always wondering what's in?

Well, what is in?

Go to a party and find out. Also, you may want to turn "American Bandstand" on for half a minute. Boy, let's talk variety! You'll see the old familiars: punk, pretty, prairie, pin-stripe and prom (you know, the ones who always dress up).

Recently I saw just this sort of fashion menagerie under one roof and, no, it wasn't a Halloween party

First walked in "Whips" and friend Chains." They were two likable personalities complete with black leather pants and jackets, leopard T-shirts, orange hair and, of course, chains unlimited. Both wore lots of pins too. What's in?

And in the oh-my-Gawd category. Valerie shows up complete with pink polkadot skirt, real short, flat shoes and Vaurnets.

Preppies were abundant. I think prepies always wear pink too, but-I just keep thinking about the Everglades - lots of alligators. What's in?

The prairie girls are always easy to recognize. They have the aire of frustrated rodeo queens. I noticed two things I never though I'd find together on one person. leather and lace; cowboy boots and ruffles

I don't want to talk about the pinstripers because these are the guys in the three pieces that say things like. "I know I've seen you before," and, "Hi, wanna take a shower? They're not in

The prom people always give the impression they're either coming from some gala event or on their way to it. However, they're always the first to the party and the last to leave.

Oh well, about prom people. They're easy to spot too - lots of silk (or that polyster stuff that looks like it), tweed, colored decorated stockings and high heels on the women (the men that wear them are in a different category) and hair styles that are just so." What's in?

Someone told me hats are in, someone said gloves are in. I've heard everything from shoulder pads to initialied orthodonic braces from fashion designer, Bill Blass Well, you probably guessed it. I'm not an expert on fashion so I'd better talk to someone who is. That way, my editor won't think I skirted the assignment lexcuse the

I called the editor of The Sacramento Union Living section to see if she knew what's in. I asked Gloria Glyer if skirts are going up, if heels are going down, etc.—if one fashion trend like punk or preppy will be stealing the show this spring.

Looks to me this spring we'll be returning to the '50s strapless bodices, fitted with full skirts.

'Clothing predictions from New York for

Continued On Page 20

THE LOOK -

GEORGE HAMILTON, WATCH OUT!

Summer's coming and, let's face it, no one wants to run around looking pallid and mushroomlike. Most people want to be tan - some people strive for the perfect tan.

What is this "perfect tan?" And how does one get it?

'Well," said one woman who asked not to be identified."In order to get the perfect tan, you want it to be even. You have to avoid blotchiness ... you have to suntan in the nude

Some people, admitted this source, are too modest for stark-sunning. That's all right. she said, but "It's important not to have strap marks. Those are kind of a drag. They detract from the perfect tan.

Strap marks, blotchiness and wrinkles are things an average tanner worries about But for people in the business of tanning. the negative factors are a bit more serious.

There is a statistical relationship between exposure to the sun and skin cancer," said Sandy Sandlin, of Tan-In-A-Box tanning salon. He said that the exposure to ultraviolet rays when one is tanning is a very real factor in skin cancer.

Sandlin explained that when certain skin cells - melanocytes - are exposed to ultraviolet rays, they create a dark pigment called melanin. "That's why we all tan differently," claimed Sandlin. He went on to explain that it is possible to "train your

melanocytes" to give you a good tan. If a person grows up outdoors, and is in the sun enough each year to tan, his melanocytes emit pigment faster than those of a person who is rarely exposed to the sun according to Sandlin.

"Creating melanin is nature's way of protecting you," said Sandlin

You should treat your skin with caution," said Michele Dobbins of Classic Tan tanning salon She is not worried about skin cancer, but she did say moisturizing is important.

That way you can tan and still not lose your youth," said Dobbins.

Aloe vera was recommended by both Dobbins and Sandlin. "It's a healer for burns," said Dobbins.

These so-called tanning lotions are my pet peeves," said Sandlin. He claims the only thing that suntan lotion does is moisturize. "Aloe vera has 98.2 percent of all the minerals your body needs to grow healthy new skin," Sandlin said

In order to get a good tan, said Dobbins. 'You must build up your tolerance" to the sun's rays. Start with a short exposure time. and build gradually

Dobbins said that diet soft drinks have a preservative in them which lets skin tan darker. She claimed that when she was

Continued On Page 20

GETTING FIT

ORDEAL BY HER HUNGER: LIVING WITH A DIETING ROOMMATE



We have alfalfa living at our house. It is in the regrigerator sitting next to the 108 calorie frozen blueberry dietetic cheesecake. Slightly to the left is the light margarine. light cheese, light salad-dressing, light yogurt, light cucumbers, light celery.

Thanks to these light crunchables, however, I never have to bother setting the alarm clock at bedtime. That's because, like clockwork. I awake every morning to my roommate's oral disposal of several carrots.

And at dinnertime at our house, there is always the ever present tick of a stop watch. It is always set at the same prescribed amount of time — 35 seconds. Thirty ... e for 35 chews. It's an old trick to make the not "fast-feed" his face.

So while my other roommate and I scarf down our un-balanced meal in front of the

five o'clock news, my other roommate sits squarely at the dining room table. With her feet firmly planted on the ground, stopwatch set to the right, diet soda to the left. she indulges herself with a three ounce portion of liver, four lettuce leaves and a helping of alfalfa sprouts. All this with a small white plastic fork, it's supposed to make her take smaller bites, that way the three ounce portion of liver lasts longer.

By the time the weather segment is on the tube, our dinner, dessert and afterdessert servings all are neatly digested. But Ms. Dietetic 1983 is now arriving at the creme-de-la-creme — the dietetic blueberry cheesecake. Consisting of one blueberry, a lot of water and massive doses of saccharine, my roommate savors every bite like it was her very last course on death row.

Yes, it's true, she's on a diet and if she thinks it's hard on her stomach, it's agony on her roommates.

Her place on the bookshelf, next to our Cliff's notes is a \$200 library on everything you wanted to know about diets. When they start "Name That Diet" next season on T.V my roommate will bring home the bacon. Scarsdale, Beverly Hills, Cambridge, Burger King (nothing but burgers and water). Swenson's (nothing but vanilla cones and water). . she knows them all.

Every morning it's the same 45-minute calculation routine.

"How many ounces in a quarter cup?"

"Is eight and a half ounces of 154 calorie ounce can of vegetable juice?"

Both of those questions are a sample listing of the questions asked every morning while she sprays her frying pan with Weight Watchers non-stick, non-aerosol, non-caloric pan greaser.

And when it comes to the subject of exercise, our "hanging up the towels after a shower work-out" doesn't seem to match up to her vacuuming with the 10 pound ankle weights strapped neatly at the bottom of her sweat pants.

She's a walking encyclopedia on health spas and aerobic centers in Sacramento. One could walk fingers through the facts she spills out on sweat centers.

That one's no good. Their \$52, nonrefundable, bi-monthly membership expires if you miss one meeting on the leap month or two on the 3 day trial period.

I keep telling her to write a guide to exercise centers in Sacramento but she says that typing doesn't burn off enough calories. . . Was that a hint?

-CAROLINE SLARK

What Do You Get When You Cross A Motorcycle With A Butterfly?

Since 1903, when Orville and Wilbur Wright made history at Kitty Hawk, aviation has grown and matured. Modern technology now gives us airplanes with wingspans longer than the Wright brothers original flight.

Other planes that are little more than manned rockets travel at five times the speed of sound.

However, in this age when bigger and faster is synonomous with better, there is a genre of airplane that defies this concept. They are commonly known as ultra-lights.

Ultra-lights are the hybrid result of matching a hangglider with an engine. There are as many types of ultra-lights in the air as there are fish in the sea. These vary from the product of a backyard inventor, to high-tech affairs that will fly circles around a swallow.

In each case, though, the aircraft must comply with certain specifications to be considered an ultra-light. The first is that it must not weigh over 250 pounds. There are

also limits concerning engine size, fuel capacity and, sadly, passengers.

By Gregg Fishman

The Federal Aviation Administration's definition of an ultra-light does not include two place (two seater) aircraft.

According to John Tamplin, an investigator for the FAA, his agency has no control over ultra-lights except for defining them. If an aircraft doesn't meet the FAA definition it is classified as a normal plane and subject to the rigors of inspections and licensing.

As it stands, flying ultra-lights doesn't require a pilot's license or extensive training. Piloting these man-made butterflys does require an adventurous soul and a body steeled against bruising by an occasional "flop."

The "flops" do occur, says Tamplin, usually to a new pilot. "A lot of them (flops) are first flight accidents." said Tamplin, "There's an art to flying them." Unfortunately, not all pilots are Picassos of the joystick.

No one knows how many ultra-light crashes there are, because no one keeps statistics on them. Nor is the toll on human life and limb known, for similar reasons.

Ron Perelli, owner and operator of Lazer Flying Club, said that about one out of 50 students has a problem. These almost always occur while the pilot is still learning to taxi the plane, resulting in only little or no injury.

The Lazer Club is one of the only places in the Sacramento area where the uninitiated can learn to fly ultra-lights. The club is based near Wilton, 30 minutes south east of Sacramento, on a site not unlike the windy hilltops of Kitty Hawk.

Only the cooling towers of Rancho Seco. visable to the south, are reminders of the vast technology that passed up Orville and Wilbur

The planes are brilliantly-colored nylon wings held together by a tangle of cords and wires. The undercarriage is supported by a tripod of small wheels.

On the ground the whole affair looks as if a drug-crazed spider had spun its web around a bicycle and a sailboat at the same time. In the air they are beautiful, graceful reminders that man has always envied the bird.

Perelli operates almost exclusively with a plane called the Quicksilver MX. It is powered by a 30 horsepower Cuyuna engine that can propel the craft at over 40 mph. It carries about an hour's worth of fuel.

According to Perelli, a licensed pilot, the Quicksilver is easy to fly. "That first solo is a bitch, he said, "But other than that, it's the easiest thing in the world to fly."

Flying it may be easy but paying for the privilege might not be. The Lazer Club offers a package deal for \$165 that includes a year's membership and all the training through one hour of solo flight time. After that, renting a plane costs \$18 per hour.

There are other similar clubs near Sacramento, but Lazer is the closest Lincoln airport now has ultra-light facilities as does the Vacaville Gliderport.

More information about the Lazer flying club can be obtained by calling 687-7727.

BOOMERANGS

The Frisbee Of The '80s?

Imagine yourself lounging in the shade of a large tree on a typically warm. Sacramento summer afternoon. As a nice summer breeze whistles through the air, you decide that the time might be right for you to move your lazy bones and get some exercise for a change.

Maybe you'll go for a jog around the block, a leisurely bike ride, or engage in a game of catch. Yeah, that's it. A nice, loose (lazy) game of catch. But you don't own a baseball or a frisbee, nor is there anyone in the area to toss them around with. But good old dad says he's got the answer to your problems.

"Don't worry," he says. "I'll let you borrow my boomerang."

Boomerang? Yes, that crazy Australian plaything that never seems to forget where it came from is becoming enough of a common sight here in the States that some people believe it just might become the Frisbee of the '80s before long.

America already has a United States Boomerang Association, a competitive national boomerang team, and a boomerang newsletter (appropriately titled Boomerang Newsletter) "The sport of poets" is quickly becoming the sport of Americans and people worldwide.

T. W. Smith, a Corvallis, Ore. electronics specialist and poet, is one of many American boomerang enthusiasts who has become infatuated with the spirit in recent years. "Boomeranging is most intriguing," he says. "It is somewhere between an art and sport. It seems foolhardy until you try it. After attaining some degree of proficiency

with it, you may see that in the process of tuning yourself to the ever-changing conditions, such as the slightest nuance of change in the breeze, you achieve a very high state of self-satisfaction and resolve."

Though many people have only recently

discovered the sport, boomeranging has been around since ancient times. Returning boomerangs, thought to be decendants of the non-returnable killer stick (a hunting tool), have been found in swamps in Australia and judged to be more than 10,000 years



old. Australian aboriginies used the return boomerang for sport and ceremonial purposes during those times.

The sport itself is said to be a sport for the individualist — the mildly eccentric. In order for a boomerang to operate properly, it must be thrown in a fair-sized field that is void of people, trees, wires and other such distractions. Also, if the wind is more than five to seven miles per hour, throwing is next to impossible.

Boomerangs come in many different types. There are some with two blades, some with three. Some are made specifically for right handers and others for left handers.

When thrown, the boomerang should be launched spinning vertically or nearly so. At launch it is typically moving at 25 meters per second and 10 revolutions per second. An average flight lasts eight seconds and the boomerang travels away from the thrower about 30 m and rises to perhaps 15 m.

Competitions are many, including ones for long distance, maximum time aloft with catch, doubling (two boomerangs are thrown simultaneously and both must be caught), and accuracy. Two of the world's best boomerangers are two-year-old Ben Loveland of Australia (believed to be the youngest world champion in any sport) and Ben Ruhe, author of the book Boomerang.

Ruhe sums up the feelings of today's boomerangers, "It fits the temper of our time," he says. "Partly silly, partly sporting, mildly eccentric, very good exercise. Best of all, it's fun."

The ABC's of Traveling Abroad Include More than 'E' for Eurail and 'H' for Hostel

European Travel Primer

Europe has always held a sort of special place in many American's minds — playground of the rich, a place to travel to in retirement...class.

These images, plus other images given to the public by the media, convice many that Europe is an unattainable goal reserved for old age and the "big time."

Admittedly travelling to Europe is expensive, but not out of reach for the student, with some planning and saving.

Also, the savings and possibilities available for students in Europe make travelling all the more sensible at an early age, not to mention the other advantages of travelling while young, including: a higher tolerance for discomfort, a lessened fear of new things and experiences and a strong back

The following is a collection of some tips and experiences outlining some areas where the student can make a savings, plan a trip and better enjoy their time in Europe.

Stereotypes Europeans and Americans alike have stereotype about how the other acts, thinks and dresses.

American stereotypes of Europeans, of course, are varied from the romantic French to the "Hogan's Heroes" Germans to the prim and proper English.

These stereotypes are presented to the American public by the media (a la PePe Le Pew) and have no real basis in actual contact with the European peoples and should be discarded without a second though whether one is travelling or not.

On the other hand, there is a constant stereotype in Europe of Americans and it is, in part, based on contact with Americans as much as through the media.

There are positive and negative aspects to this stereotype, the negative images should be considered for anyone travelling to Europe so as to be aware of them and, hopefully, avoid them and improve the atmosphere of the visit.

Part of the stereotype that I and many others have encountered Americans as brash, loud, impolite, nationalistic, demanding, unaware, stubborn and incoherently fast speakers.

Granted, this is a broad generalization, but it persists by the very nature of stereotypes and the unfortunate fact that there are tourists out there who fit this image.

The result sometimes being less than friendly service and the scaring away of potential friends and contacts that would add to a visit.

Sure, this does not happen all the time, but if an effort to be polite, congenial, open-minded, understood and interested in the European person's country is made then the chances of gaining positive responses and valuable contacts are greater than if the student fulfills any part of the negative stereotype.

By Erik Olson

Lighteny

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AALTIMA

Language Americans are known for their unwillingness to learn another language.

If the traveller has had a year of French in high school, takes the time to brush up on a couple of phrases, this effort is more appreciated than no effort at all.

Even a meager attempt at asking a European if they speak English in their own language can be met with a positive response.

On the same note, if the student asks a clerk if they can speak icelandic or Zulu and they can't, then the student can say "Well I guess we'll have to speak English then." Thus, the clerk will more readily speak English and the traveller may gain some benefit from being such a rare customer from such an unusual land.

Interrall or Eurall? There are two types of unlimited rail travel cards available for travel in Europe.

Interrail is a card available in Europe for Europeans under 26 years of age for second class travel in every Western European country plus Yugoslavia, Hungary, Rumania, and Morocco and costs about \$190 for one month depending on the country.

The problem for Americans with this card is that they have to prove that they have been in Europe for six months or (you didn't hear it here) figure out a way to convince the ticket seller that they have been there for half a year or find a ticket seller

who does not care whether they have been there for half a year.

Interrail's disadvantages are that it counts only as a half-price ticket in the



country of purchase (making Luxembourg a very popular country of purchase) and, for some, second class travel in Europe does not always match the image of the Orient Express.

Eurail is the pass available to the rest of the world for first or second class train travel in Western Europe (except Great Britain) as well as some boat travel.

There are 15 day, 21 day, one month and two month passes available with the one month pass costing \$290, roughly \$100 more than Interrail.

The cost plus the exclusion of Britain. Yugoslavia, Hungary, Rumania and Morocco are disadvantages of the Eurail pass.

The advantages include first class travel, depending on which card one purchases, and boat travel on the Rhine, the Danube, Italy to Greece, Sweden to Finland and France to Ireland among others.

Eurail applications are available at any travel agency including University Travel in the University Union.

Passports The passport application process sometimes can be long, so apply now

Passports are now \$42 for 10 years and applications are available at the main post office on Royal Oaks Drive.

Getting There Charters are perhaps the best bet for getting to Europe.

Prices vary, of course, but round trip fares from San Francisco to London start at about \$599 and go up from there.

It is best to check out all the possibilities and then decide.

One charter that might be interesting is with Icelandair and takes off from New York and lands in Luxembourg.

The trip includes a stopover in Iceland which can be extended to a 21 day stay in Iceland

There are also standby possibilities; the best probably being in New York where trans-Atlantic flights are quite frequent.

More information in which airlines have standby rates are available at any travel

Staying There Hotels are nice, but do not make a habit out of staying in them mainly because of the expense.

This is not to say that there are not cheap hotels in Europe, they are just harder to find, plus the cheaper hotels sometimes do not match the price, or quality, of a good youth hostel or any of the other alternatives.

Youth hostels are the most well-known alternatives to hotels.

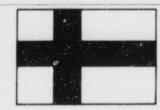
They offer cheap and clean accomodations for anywhere from \$3 to \$8 give or take a couple of dollars.

Hostels are also fairly plentiful and can be found in most major and minor towns.

There are disadvantages to the hostels including sometimes out-of-the-way loca-







will help the tourist find a place to stay and



provide a free map of the city

Public Transportation Make sure and budget a couple dollars a day to get around with, this is an often forgotten expense.

Changing Money For God's sake do not exchange at hostels, camp sites or places where the ink on the exchange rate quotations are faded from age, they will usually give a rate substantially below the going





tions, varying quality ranging from two rats and you, to free showers and breakfast, as well as early checkout times and early curfews which force the traveller to lug their backpacks or luggage around. Reservations may also be hard to get unless made well in advance

Let's Go Europe or a youth hostel handbook from the International Youth Hostel Federation are the best guides for youth hostels in Europe

Let's Go Europe can be found in many bookstores and the handbook can be purchased for \$7.50 through American Youth Hostels, 1332 I Street N.W., Suite 880, Washington D.C. 20005.



Camping is about the cheapest way to stay in Europe besides sleeping in parks. ditches or train stations.

Although quality varies, most campsites offer showers, cooksites and washing machines, though most camps charge about a quarter or so for each of these services

Prices for these camps run anywhere from 50c to \$3 and are as easily reached as the youth hostels in most cases.

Advantages for camping include more privacy with about the same amount of opportunities to meet people as the hostels, more freedom because of the extended curfew times which are fairly late at night and checkout times are usually around noon.

Disadvantages include: carrying a tent, purchasing a tent, rain and sleeping in the tent.

Bread and Breakfast Inns, or "pensions," are a more personal way to see Europe, though slightly more expensive than hostels

These are usually private homes that rent out a room to tourist for some extra money in the summer and often allow the visitor to live a small part of the family's lives during their stays.

Each city's tourist office carries a list of these inns and their prices which can run anywhere from \$7 on up.

Tourist offices These should be the first en visiting any city.

The personnel are generally friendly and

will provide information on any points of



interest in the area. If nothing else they will

market rate.

The best bets are usually the train station banks or regular banks, although both will charge 1 or 2 percent service fee, more for traveller's checks.

Also, shop around, banks offer different rates and service charges

it with you or store it in the more expensive storage areas

Frameless packs are also nice because they don't have all the straps and things sticking out to get caught on doors and peoples eyelids when walking through a

Another idea might be to take a day pack along for your camera, lunch, etc. when you are taking a day-long tour somewhere.

Pack light!

Hitchhiking Thumbing through Europe isn't as hard or risky as it is here.

Some of the same rules apply though, the nicer you look the better chance you have of being picked up, it isn't always safe and you won't always get a ride.

Stop at a truck stop or gas station, there may be someone who would be willing to give an American a ride out of sympathy or to practice their English.

A rule of thumb that doesn't always apply is the further north you get the easier and safer it is to hitchhike.

Student Cards Bring along you student body card and purchase an Internation Student Identity Card (write the International Educational Exchange at 312 Sutter Street, San Francisco, 94108) both of these

offer the holder student rates in museums. on boats and anything else where a discount might be available.





Miscellaneous Get away from the train stations as soon as possible, your backpack labels you as an easy mark, come back later without it on and prey on the tourists yourself. . your address is a valuable asset, Europeans like to travel too and we live in The Golden State with the myths attached. know your music and politics and you'll nave something to talk about and this sometimes can be the best part of the trip. don't be shy, try new things. . . if you voted for Reagan don't tell anybody. . keep an open mind



Get Away From It All If you're on a blistering tour of all the major cities in Europe take a day or two to relax somewhere in the outdoors or in a small village. You may find this is the Europe you have been looking

Luggage Backpacks are the only way to go for the student traveller. They are easy to carry and it is easier to find things when you need them with all the side pockets, etc.

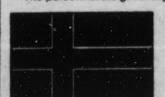
Make sure and get something that will fit into a bus station locker with some room to spare, lockers are the best way to store a backpack if you're staying someplace for one day and if you have a too wide or too long backpack then you either have to carry

Don't Leave Home Without . .

The following are some suggestions for things that may be useful on a trip to Europe.

- Passport Wallet These are pouches that either go around your neck or wrap around your waists and are designed to deter thieves.
- · Recipes Make friends quickly by whipping up something American at the youth hostel or someone's home. This is a tion as it is convenient for cutting bread nice difference for them and they may spreading tuna and playing mumbly peg reciprocate with their own specialities.
- · Small Canister Stove and Pan As ridiculous as this may seem having this burner rives the traveller a little more flexibility and savings by keeping them out of the restaurants all the time. This also allows the traveller to save their money for a binge at one of the better restaurants as opposed a string of unimaginative nights at McDo-nald's in order to preserve the hudget
 - old's in order to preserve the budget.

 Kaife This is not as much for protecduring the duller moments of the trip.













Me, Jeannie, And That Macadamia Mannix

By Mike Babb



We was fightin' again. We was fightin' like we been fightin' each and every Saturday night since "Magnum P.I." first come on the air. Jeannie, she's the missus, is absolutely in *low* with "Magnum P.I." for one reason or another. It probably has a lot to do with the fact that I hate his guts. Can't stand him, never did, never will. I like "Starsky and Hutch," man, they's *bad*. I like that Plymouth they drive around in and I like the way Hutch cocks his gun and yells, "FREEZE!!!" every time he wants some bad guy to freeze. They'd whip the holy shit out of Magnum P.I. Anytime.

We, like I says, we was fightin'. I wanted to watch "Starsky and Hutch" on Channel 16, and Jeannie wanted to watch "Magnum P.I." on Channel 6. I had been lettin' her

have her way week in, week out for two weeks and I just decided that enough was enough, and that I was going to watch "Starsky and Hutch" no matter what.

My favorite episode was on that night—the one where that Plymouth they drive around in gets ripped off by some terrorists, and I wasn't in the mood to argue. So when the "Barney Miller" theme song faded out and an Alpo commercial come on, why Jeannie lays down her National Enquirer Crossword Puzzle Book, gets up and walks over to the channel changer.

"Turn it slow," I says. She turns it fast.
"Turn it slow. SLOW. You turn it like that and
you'll break the damn thing!"

Jeannie has a way of turning the dial where you would think she was trying to tear it off the set.

"I did turn it slow," she says as she walked back towards the couch and picked up her puzzle book.

"What channel you put it on?"

She didn't answer me and I couldn't see the damned indicator on account of my eyes are getting bad. Runs in the family. I was thinking about buying me a pair of them Ronco T.V. glasses for \$19.95 that they advertise on the late show, only I can never write down the damned address fast enough because I can't hardly see it. I always try to wake Jeannie up to get it for me, but waking her up when she's sleepin' is like tryin' to eat Campbell's tomato soup with a fork — you just cannot do it.

Knowing full well what channel she had put it on, I got up and gently flipped the dial to Channel 16.

"Put what back?"
"Put it back on "Magnum."

"Quit your bawling! Magnum! Magnum! Magnum! I'm sick and tired of that damned Hawaiian! I swear to God that if I see another episode of "Magnum P.L." I'll fly to Hawaii and kick him in his baggy pants!"

I wasn't bluffin', either. I would go, it'd be no problem 'cause my brother Alvin is a mechanic for American Airlines and I could fly over for \$9.57 each way.

'Put it back on Magnum!" She yelped. the big baby, and I shook my head. "No." Then she jumps up off the couch like you wouldn't believe, storms over to the T.V. and switches the Channel changer real fast to Channel 6. I changed it, she changed it back. then just as I was changing it back again, she grabs me, the knob comes off in my hand and I lose by balance and start to fall. Jeannie caught my arm, but she's so little I just pulled her right over on top of me. Then the T.V. went flying off the T.V. stand I bought her last year for our second anniversary and BOOM - it smashes on the floor into a million pieces. A black puff of smoke oozed out from its back lookin' like the ghost of Sammy Davis, Ir., then it lay dead.

For what seemed like hours, Jeannie and me just lay there staring at our dead T.V. set, horrified. Jeannie began to whimper. I didn't notice at first, I was pretty well shook up, what with the fact that I was going to miss "Mannix" on the late show and all. Then I seen that she was crying and I felt her moist face against my chest. I hugged her, I don't know why, then I began to stroke her light brown hair and kiss her forehead. I held her close to calm her, she was awful shook up.

We never did buy us another T.V. set, we scraped up the money we had in the Credit Union and bought us one of them Cyclo-Massage beds with the Dual-Rest settings. Man, that baby is comfort-city! Every now and then I get an urge to see "BJ and the Bear" or "Starsky and Hutch," but them urges are few and far between. We never fight no more at all, not on Saturday nights or Sunday nights or nothing, Jeannie and I've been playing "Wonder Woman" late at night about five times a week, and now she says the stork may be paying us a call in about nine months, if you know what I mean.

And "Magnum P.I." can rot in hell as far as I'm concerned, cause he'll never, ever lay one of them Hawaiian paws on my sweet little Jeannie.

CINEMA OF THE DAMNED

By R.G. Makabe

The theater darkens. The curtain opens. Before you now, a lovely young woman has discovered a strange article in her room. A shadowy figure suddenly looms from behind her. She turns just in time to have a stake plunged into her eye. There is so much blood, much more gore, much screaming. You are wondering why you are here...

The answer: You are about to witness— Cinema of the Damned.

Actually, Cinema of the Damned has been around for years. It used to be called "horror." But nowdays, in this age of overindulgence, horror is a word best suited to describe the production qualities of these films rather than their content.

Instead, terms most often used when mentioning horror films tend to be "trash," "sleaze," or even pornographic because of their gratuitous violence.

Depending on who you talk to, these films are either exploitative, sickening causes of today's violent society, or simply contemporary versions of the good, old-fashioned thrillers. One thing for certain is that they are extremely popular. Open any daily newspaper and you are likely to find titles such as "Motel Hell," "Halloween," or perhaps "Bloodthirsty Butchers."

I must confess I've seen a few in my time (Including "Texas Chainsaw Massacre" as a high schooler) and over the years I've noticed a few constants. I can for example, just about figure what type of people are going to see these signs of Western Civilization's decline. I'm happy to say I think most are harmless.

The large majority are, predictably, of high school age or persuasion, that is, those with a somewhat misshapen view of reality to begin with. The rest of the audience tends to consist of a few bored or lonely adults with nothing better to do, plus what a friend of mine refers to as "white trash" types, the sort that watches the Duke boys smash cars on television.

Ouite often the kick in going to see these movies is not so much the film, but watching —and listening—to the audience. In the dark of the theater the most amusing character is likely to be sitting next to you.

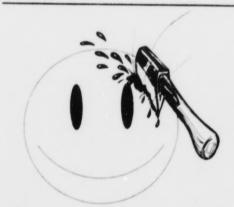
One character to watch is "The Cynic." He's seen it all before. As the movie leads into each death and dismemberment scene (sounds like an insurance policy) he mumbles out loud, predicting what is about to happen. As it happens, he yawns.

A less jaded version of the same is the "Sadistic Cynic." He's the one that calmy sits back, predicts what is to happen and then laughs smuttily as it happens. Often in

the movie a woman will be daring and attempt to investigate what that mysterious noise was. The Sadistic Cynic will respond. "You stupid bitch, you better watch out. You gonna git it." Then, as she gets it he chastises. "You stupid bitch, that's what happens when you don't listen to me."

That's the sort I worry about He's probably sitting behind you in your next class.

But the strangest people in the theatre oddly enough, seem to be the teenage couples or groups. I've always been curious what the psychological explanation was for the thrill teens, in particular, get by seeing other teenagers getting butchered. I guess it must be similar to what cows feel when they see other cows being cleavered for our



"(giggle-giggle) ohmigod, that's sooo gross (giggle-giggle)."

dinner tables.

I used to think most of the girls were there only at the prodding of their dates. Now I'm not so sure. As the film begins, the girl is usually busy "ooohing" and "uuughing" at the gore while the boy is laughing and maybe shaking his head. By the film's end, however, the girl is still shrieking, but also saying things like, "(giggle-giggle) ohmigod, that's sooo gross (giggle-giggle)."

The guy is still laughing, but I suspect more at the girl than the movie. Perhaps it's some sort of adolescent ritual.

Of course, the plots of these abominations are mainly incidental appendages, typically indistinguishable from one to the next. Usually some subhuman fiend from somewhere is out to terrorize a group of people in a certain predicament or age group, most often teens.

Victims-to-be are easily recognizable since they are one of the following: A) lecherous; B) innocent; C) sexually promis-

cuous (at least implied); Dicurious, or E) ambitious or shallow. Actually anybody in the film is hackable except the hero(ine), if there is one.

Regardless of who the victims are, what is most important is the creative manner in which the youngsters are killed and maimed. Impaling seems to be the most common method (and the cheapest, while still maintaining the graphic quality essential to these films) along with beheading.

However, after "The Texas Chainsaw Massacre," one would imagine scriptwriters have been hard pressed to come up with new ideas.

In a recent local example, "Horror Planet," the plot consisted mainly of a group of scientists isolated on a distant planet who are slowly killed off by one of their colleagues who has been impregnated by an alien. Or, more precisely, a group of grown men and women are terrorized by an expectant mother. The hook, however, is the mother-to-be rips open her victims with her bare hands and drinks their blood.

Aside from DMs (Death Moments), key scenes to look for in any of these disgraces include the "Obligatory Cat Scene." and the "Confession of Stupidity Sequence."

In the Obligatory Cat Scene, a victim-tobe is about to investigate that mysterious noise (again), usually down some dark hallway or room. Suddenly a stagehand off camera throws a poor frightened cat at her while yelling "Yeeow!" If you're startled by that, you should be ashamed.

The Confession of Stupidity Sequence, I suppose, is most important to the actors and directors. In "Blood Beach," for example, John Saxon, as the police detective, is incredulous upon learning how all the murders have been committed. He sneers, "You've got to be kidding. This is incredi-

ble! I can't believe this is really happening.

My sentiments exactly. Actually Saxon probably accepted the role only after he was promised those lines, you know, sort of as a disclaimer.

Some actors make a living by doing these kinds of films Mr. Mongoloid's (Charles Bronson) latest upchucker. "10 to Midnight," is a follow-up to his other revenge movies. In this one he's after a nude killer.

Now assuming one doesn't take this junk too much to heart, it can be mildly entertaining. Of course, in this age of kitsch, trivia and cults, it's only natural that some people go overboard and call some of these films "cult classics."

A recent ad I saw in a New York newspaper was for a "sleaze festival," featuring "Films not seen outside of drive-ins in the deep South." Nothing like being provincial.

The ad separated films into categories, sub-genres, if you will, including "Sexploitation Films," "All Male," "Female Revenge," and "Early Gore," Others included "Racially Motivated," "Idiot Horror," and "Mondo Gross Outs." Another category was titled simply "John Waters," after the director whose films "Pink Flamingoes" and "Female Trouble" frequent Sacto.

Descriptions of some of the movies to be shown at the festival read like something out of TV Guide. A few carefully chosen samples:

"The Ghastly Ones" — An Andy Milligan gore epic, shot in 16mm on Staten Island. Victorian era inheritance murders, garnished with a variety of stabbings, outpouring entrails and a head in a salad bowl.

 "I Spit On Your Grave" — Blasted by 'Sneak Previews" Roger Siskel and Gene

Continued On Page 21











Bless The Beasts And My GPA

The dirt between my teeth was the most annoying infliction of the whole ordeal.

I could almost tolerate the grime underneath the fingernails and the dust-coated hair, but it was awfully irritating to swallow a conglomeration of horse trodden grit.

I guess I could have closed my mouth when I landed from my trustworthy steed but I hadn't perfected breathing through my nose while hog-tying three legs of a nubian billy goat. Besides, my goat-tie belonged in between the tight clamp of my front molars. There was no way of getting around it, goat tying was an open invitation for good of west of the Rockies dirt.

At times I did consider that goat-tying wasn't a very disinfected form of recreation but it was a branch of rodeo, something that had grasped a firm clamp on my passion department. And, aside from the everpresent dust, rodeo was a unique and exciting sport for me, especially in the competitive collegiate ranks of the poly-mythed world of rodeo.

Rodeo is a sport in every sense of the word. A sport that has been raped by the media, with the noun cowboy now synonymous with John Travolta and mechanical bulls. It is a sport that demands dedication, desire, skillful precision, and a finely tuned body that is required in all other well-known and popular forms of athletic exhibition.

Rodeo, defined in the dictionary as an "exhibition of cowboy skills," has been discredited by its appearance to most people. To many the word rodeo conjurs up images of wild "hee-haws," tobacco-spitting unshaven rednecks with a vocabulary consisting of three words — damn, dames and drinkin". A vision comes to mind, filled with

So, I closed my mouth and started swinging a rope and learning which way steers kick."

clones of John Travolta trying on Stetsons and Tony Llamas at Chuck's Western Wear, four wheel drive Fords and a possible stunt job next Tuesday.

When, in actuality, the real flavor and insight of rodeo is unknown to the masses. Bumper stickers proclaim it to be the "Number One Sport In America" and yet it is so foreign and distorted to the normal sports enthusiast, the proclamation makes as much sense as swallowing a wad of Skoal.

To the viewers and participants who are in the passionate category of the multi-faceted sport, rodeo is not only a way of life for many but a progeny of attitude, discipline, dedication and loyalty all fastened up into one neatly wrapped package consisting of a fast-paced and fascinating show between man and beast.

The breed of people involved in the sport, originated from the daily chores of the frontier cowboy, are as diverse as the

Intercollegiate rodeo is more exciting than baseball, faster-paced than football and offers more variety than basketball. Besides, it's co-ed and you get to wear neat western clothes.

By Caroline Slark

sport itself. From police officers roping steers to relieve stress, to eight-year-old cowpokes riding calves in the Little Britches Rodeo, to the Women's Professional Rodeo Association, and to the big money-making competition of the Professional Rodeo Cowboys Association, rodeo is an equal-opportunity sport in all facets.

I was looking for that wide variety of activity when I stepped into the world of roping and roughstock. I had already gone to the typical route of falling in love with that species of animal—the horse—shortly after seeing my first rerun of "National Velvet." I knew I was the new Elizabeth Taylor, all I had to do was convince Ma and Pa that I was deserving of the initial investment of a four-legged beast. It wasn't so hard convincing them of that first lump of money but it was hard persuading them to make monthly investments for something that would go in one end of the "love-of-my-life" and then come out the other.

I took to babysitting fast. ... I also took to muck raking stalls, car washing, dish washing and window washing. My life was dedicated to feeding one of God's creatures. Besides I was damned if I would fall to the predictions of my parents that an II-year-old couldn't support a 1,200 pound animal, without welfare.

The next step was to start the competition bug rolling. A simple, innocent horse show here and there, an amateur play-day once or twice..."What could it possibly lead to?" Ma and Pa asked themselves.

Well, I was addicted and after one swallow of the competition bug I needed another swig. My weekends were now consumed entirely by packing it up and moving it out.

Packing up the horse, the silver and the fancy outfits and moving it out to far off distant places all over the state of California. As the Chevron bills grew larger and larger and Motel Six's economy room grew too luxurious for a school girl, I realized that bringing home a couple of ribbons for a weekend's worth of looking pretty and riding around in an arena like a maiden on a carousel horse, was slowly becoming not so pertinent. Horse showing was becoming a "rich man's" sport and I wasn't a rich man.

It was time for a change. I had always been interested in rodeo and especially the roping events, but rodeo in the horse show and competitive jumping world was comparable to a Volkswagon on a Cadillac dealer's lot. In contrast, the horse show circle when one is at the rodeo end of the spectrum, was something one should never admit to. So, I closed my mouth and started swinging a rope and learning which way steers kick.

I was entering my college years and, as a freshman, opportunity came a knockin' for my newest equine ambition. I attended Los Angeles Pierce Junior College, located on 400 acres of luscious land in the heart of the San Fernando Valley. My physical education units were entitled "rodeo activities" and I soon became a victim of its NCAA strain known as intercollegiate rodeo.

With over 200 member colleges and universities and as members of more than 3,000 individual student members, the basic aim of the National Intercollegiate Rodeo Association is to help young men and women better prepare for their role in modern society through the challenges and friendships of college rodeo."

And, if there is one thing that rodeo does present its contestants with it is a full-fledged challenge. From the goat-tying competition, an event involving a horse, a female contestant, and three goat legs to the men's bull-riding competition, rodeo is a joint relationship of understanding between man and beast. Whereas in other collegiate sports, the condition of an athlete's body is what draws the line between first and second, rodeo is a constant involvement between all components which finally produce a winning team.

The ranks of intercollegiate rodeo are becoming more popular. No longer is it considered a bunch of "hics" getting together and riding a few broncs. Instead, it is the stepping stone to the ranks of the Professional Rodeo Cowboys Association. Almost all big money winners in the PRCA are college NIRA champions and owe much of their discipline to their alma maters.

Unlike other sports organizations, the NIRA sticks to a rigorous backing of the importance of a college education. It complements and recognizes formal college education by requiring every contestant to maintain a cumulative grade index of C or better in concurrent and previous semesters or quarters throughout his four years of competition.

This standard, according to the NIRA, is one of the highest minimum grade averages required for any organized collegiate athletic program. It is not an uncommon sight to walk in the back of the bucking shoots (the gates to where the roughstock are loaded before the cowboys compete) and see a number of collegiate cowboys studying for midterms.

And of course, the cowboys and cowgirls are not in the business of practicing hours and hours every day, spending unsurpassed amounts of their money feeding and maintaining a horse and perfecting their skills to not be rewarded. Members compete for some of the prestigious rodeo schoarships that are offered by the many commercial sponsors of the NIRA. This incentive is perhaps one of the major backbones of the whole organization. By offering students scholarships based on their rodeo ability, combined with their grade point average, many students who are at a junior college have the opportunity to attend a four-year organization, such as Cal Poly State University, San Luis Obispo, one of the major contenders in the West Coast region

The schools compete to attend the College National Finals Rodeo, the Superbowl of the western tradition. The ultimate in competition, the CNFR hosts the best from the colleges and universities nationwide. The winners of the events taking home the conclusive in prizes—the silver belt buckle. Often inscribed with vivid narration of the title of the winning event, the silver belt buckle is the final word in achievement.

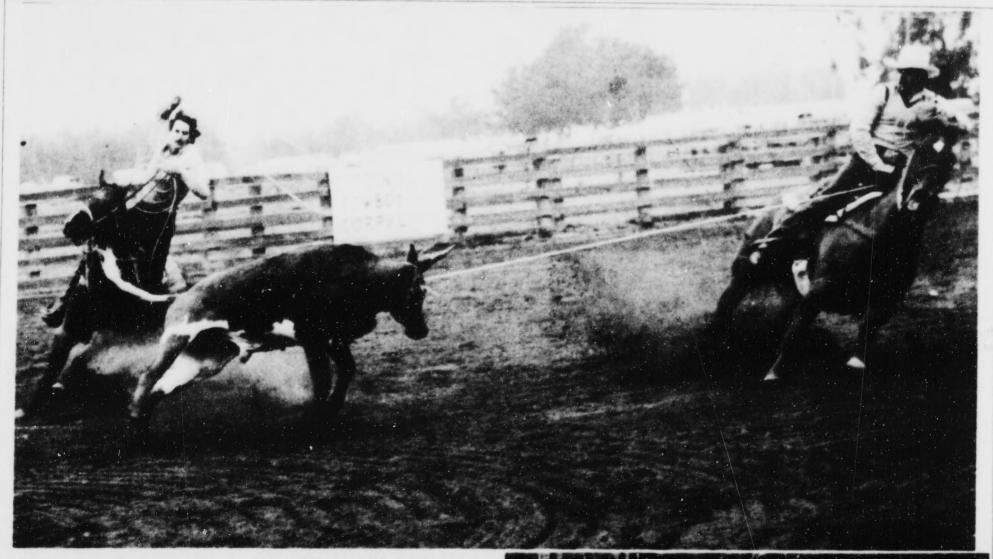
In California, many of the highly competitive schools with winning rodeo teams are also highly competitive in other areas. Cal Poly State University at San Luis Obispo is a major contendor in the strive to make it to

Rodeo is one of these sports, and just may be the best of them.

the CNFRs. Also, Cal Poly State University, at Pomona, California State University. Fresno, Hartnell College at Salinas, West Hills College at Coalinga and many more are deeply involved in the NIRA.

In other states such as Arizona, some well known schools are also recognized in the sport of rodeo. Arizona State University. University of Arizona, Central Arizona College and Arizona Western College are highly competitive.

And the story is the same for a majority of the competiting states nationwide. And as the trade magazine, College Rodeo puts it..."It's nice to know that there are a few intercollegiate sports left where the power and prestige of the institution, or a lack thereof, have no bearing on the quality of its athletes, and that the competitors can take to the field knowing that anybody can win the day. Rodeo is one of these sports, and just may be the best of them."



Team roping (above), steer wrestling (top right) and barrel racing (below right) doesn't even look easy in photographs.

Learning The Ropes Of Intercollegiate Rodeo Events

Everything You Always Wanted To Know About Rodeo Events (But Were Afraid To Ask) is still in pre-publication and probably won't be ready for print by spring - the beginning of the rodeo season - so here is a handy clip-out explanation of the events that make up the world of intercollegiate

Go ahead and slip it into the back pocket of your Wranglers, it is designed to fit neatly next to the Copenhagen . . .

Women's

There are three events in the women's category, although women also compete with the men in the team roping event.

Goat Tying: Requiring fast footwork and speedy hands, goat tying is the only women's event requiring on-the-ground work as well as the basic horsemanship skill. The event involves a goat staked on a rope at one end of the arena and a fast gallop starting at the other end of the arena. The timer starts when the horse and rider cross the starting line and head to the goat. Upon reaching the goat, the rider disdown, and ties any three legs. In this event, a leather or rope string is used for tying. Break-Away Roping: An event paralleling the men's tie-down calf roping, women's

break-away roping involves a calf and a finely trained roping horse. The horse and rider are placed in a roping box while a calf

is given a head start out of the roping chute. The horse must leave the box with a great burst of speed to catch the calf a short distance outside the gate. The loop of the rope is dabbed around the escaping calf's head and the rope, which is tied to the saddlehorn, breaks away from the saddle when the slack of the rope is pulled tight. Often the winning scores are in the three and four second area for the expert ropers. Definitely a fast-paced event to watch.

Barrel Racing: When performed with exact precision and executed skill, barrel racing can be as smooth as figure skating. Involving three barrels placed in a cloverleaf fashion, the horse and rider must perfect a speedy and accurate course around the three barrels. Winners are many times determined by a difference of less than a hundreth of a second, proving the event to be a highly competitive exhibition of extremely athletic horses.

The timed events of intercollegiate rodeo are timed to the hundreth of a mounts loften while the horse is still mov- second so any slight misjudgment of dising), catches the squirming goat, throws him tance or pace can make the difference between a winning and losing combo.

Team Roping: This event originated from the working cowboy having to work with a partner to catch an animal in order to doctor or brand it. The team involves a "header"

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Good Morning, Hon'— Pass The Patch Kit

By Robert Padgett

In the late 1960s and early 1970s, an enthusiastic surge hit the United States that compares to the video game and computer craze of the 1980s. It did not have the affiliation of contributing to the delinquincy of the American youth, something video games are often associated with, and it was not all that expensive or difficult to understand like the computers of today. This craze, believe it or not, was the bicycle, more specifically, bicycles for touring.

At about the same time as the boom popularity of pedal-power, a San Francisco couple was also becoming highly interested in the advantages of traveling by bicycle, away from the crowded cities and congested highways. Since 1971 they have extensively toured Europe and the western United States, and have written two books and numerous newspaper and magazine articles about bicycle touring. They are Gary and Karen Hawkins, who currently live in Sacramento.

Gary presently works part-time at Alpine West and is also a freelance writer, while Karen is a child care consultant and programming director for the Unitarian Universalist Society of Sacramento.

Before their induction into the commercial bicycling world, the two lived in the Bay Area and were both connected with education. Gary was a speech communications professor at San Francisco State University, and Karen was a nursery school teacher. Then, after getting into bicycling, the couple moved to Southern France in 1973 for two years where Gary was a correspondent for Bicycling magazine. In 1978 Gary and Karen moved from San Francisco to Sacramento.

The Hawkins' relationship with bicycle touring all started in 1971 when they decided to take a year off from the drudgery of everyday life, and go see Europe. However, they were not interested in the typical tourist sightseeing format; rather, they wanted to view Europe in the more peaceful settings and at their own pace. They then narrowed down the mode of transportation to two choices. "We wanted to be involved in the country setting," said Karen, who's



Gary and Karen Hawkins on a local tour with son Benjamin.

first tour ever was the one in Europe in 1971. "It was either a moped or a bicycle, and we picked the bicycle."

From the start of their European tour the Hawkinses were forced into a situation of having to know what to buy and at what price, and all in a foreign land. "When we got to France, all our luggage was gone, so we had to buy all our equipment there," recalls Gary, who now purchases all of his supplies in the United States.

During their year-long tour the Haw-

kinses rode from Paris to Athens and covered many points in between. They toured through Germany, Norway, Sweden, Finland, Italy, and Yugoslavia, in fact, they went to nearly every country in Europe.

The two enjoyed the trip so much that in 1973 they wrote a book entitled Bicycle Touring in Europe, which gives a complete account of their tours and is a guide for people interested in touring the continent. The book deals with equipment, fitness, weather and road conditions, prices accommodations, and has detailed tour maps.

At the time, every major publisher had out at least one book on bicycling, whether recreational or competitive, except Random House so the Hawkinses turned in their book to Random House in 1973 and it has sold 37,000 copies since. Then the Hawkinses updated and revised Bicycle Touring in Europe, and reissued it in 1980.

Since their first tour. Gary and Karen have returned four times to the continent. Gary explained that his most enjoyable trip is one that goes completely across Europe. "My favorite tour of all is the one that goes from London to Athens." The Burgundy region of France is Karen's favorite riding area in Europe; although for her, the ultimate tour is through the Southwestern United States, especially New Mexico.

Touring through this portion of the country, as well as the enire Western region, in the summer of 1980, induced the Hawkinses to write their second book, appropriately entitled, Bicycle Touring in the Western United States, which was published by Random House in 1982. In the first five months after its release, the book has sold 8,000 copies, and Gary is cautiously optimistic in saying that "the book should do fairly well."

The publisher of Bicycle Touring in the Western United States originally wanted a series of four books on touring in the different regions (North, South, East, West) of the country. But Gary and Karen are not sure if they want to pursue this endeavor. "It took an entire year to tour, compile the information, and actually sit down and write the

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For Bicycle Touring, Preparation Is Essential

With the exhorbitant cost of traveling nowadays, it would seem impossible to see Europe or parts of the United States for just \$10 to \$20 a day. But if you decided to bicycle tour your way around, the low cost would be feasible, and it would be a memorable way to get into shape.

True, you would not have the luxuries of lavish hotel accommodations with exquisite lood, and the extras of a pool, saura, and lacuzzi; but you could travel around your own area of interest transportation free.

and still maintain a decent level of comfort.

The key to an enjoyable bicycle touring trip is to be well prepared. This means getting into condition to withstand riding a good number of miles a day, obtaining all the necessary supplies in the lightest and most compact form, and planning out a tour route that is right for you.

Before a person even considers going on an extended bicycle tour, they must have one essential item—the bicycle. Despite the popular conception that to go on a long tour one must have the top of the line bicycles, the fact is if you are just touring at a regular pace and not trying to break any speed records, about the only thing you need is a frame, two wheels and, preferably, ten speeds. Local bicycle touring author, Gary Hawkins, said that he has even seen people go on long tours riding three-speed bicycles. "I don't think that the type of bicycle is that important," said Hawkins. "You can tour on just about anything."

About the only key to the kind of bike

one gets is that it is comfortable an the person is used to riding it regularly for lengthy periods of time, which brings up the subject of conditioning.

Now the amount of work you put into your pre-tour training depends on your planned daily riding schedule for your tour. Hawkins' wife, Karen, who began her training for their first European tour at five miles a day and now goes 50 to 80 miles on tours, said that it is very important to have a posi-

Continued On Page 20

Please, Don't Call It PING PONG

Jeff and Mona Mason's Sacramento Table Tennis Club is U.S.' Largest but is still awaiting the "boom."

By Joe Rogers

It is not uncommon for 40,000 spectators to cram a stadium to watch a top table tennis match in Europe

Table tennis? Isn't that the same thing as ping pong?

Sort of Most people think of ping pong as a garage sport. Someone gets a table for Christmas and friends come over and have some beers and play

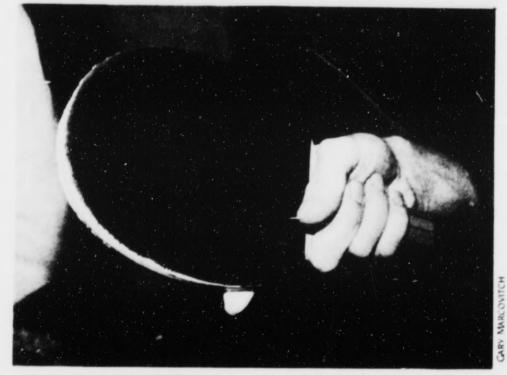
That is ping pong. Table tennis isn't like that. Only the table is the same. Top table tennis players are dedicated athletes. They often run as many as 20 miles at a time training, in addition to a variety of other exercises and, of course, playing,

There is also a lot of coaching involved. Coaching is the difference between good and great players according to leff Mason who, with wife Mona Miller, owns the Sacramento Table Tennis Club (8010 Clifton

Mason is a former United States champion and is now one of seven national coaches. "Americans feel that practice will make them better. Coaching and technique are what makes great players.



Look fast! That ball can travel as fast as . . .



The Sacramento club is the largest club in the United States at this time and attracts about 200 players a week. The bulk of the players are in the intermediate class. Mason teaches classes for beginning. intermediate and advanced players

The STTC is open seven days a week and Mason stressed that it is, "open to everyone. Ninety percent of the players here are recreational. We are trying to attract the beginning players.

The other national coaches spend most of their time with the top players. . .but not Mason. "I've made an effort to coach regular players." he said. And he feels that interesting more people is the reason the U.S. has come up in the table tennis world.

Table tennis is more difficult to teach than tennis." Contrary to what many people may think, the wrist is not used in table tennis. The arm and body are used for

Once players know what they're doing. it's a matter of practice. When they get the technique the game really becomes fun."

But in the United States not that many people play the game seriously. The United States Table Tennis Association has 5,000 players registered. "In China, 10 million people play-it's in their culture. Table tennis is the number one sport in the world. along with soccer.

Attitude has much to do with the lack of popularity of serious table tennis in the U.S. 'Tell Americans you train six hours a day and run 10 miles and they laugh," said Miller. "It's on the same level as tiddly winks."

But there is nothing to laugh at. The game is the fastest indoor sport. Balls have

been clocked as fast as 105 mph over the nine-foot table. That makes the reaction time, "two-hundreths of a second from paddle to paddle." Mason said.

There are four styles that top players fit under. And the style dictates the amount of energy the player expends. Choppers. counter-drivers and blockers use the least amount of energy. They mainly stay close to the table.

The loopers and spinners are the ones that burn the calories. "Most of the top players are loopers and spinners," Mason said. "There is a lot of footwork." These players drop off the table and are considered offensive minded.

Table tennis has been included for the 1988 Olympics and the STTC has a candidate for the squad. Twenty-two-year-old Cindy Miller (Mona's sister) won the U.S. Olympic Committee Sports Festival title and recently won the regionals for the Pan American Games trials.

From the regionals she next goes to the nationals in Colorado and if she wins there she will go to the Pan American games in Caracus, Venezuela. "Cindy has the best serve of any woman in the country." Mason said. "She is really good.

The goal of the club is to get people interested. New classes begin every six weeks. For anyone interested in becoming a top-flight player Mason has also designed a comprehensive training schedule. He uses a circuit training method to work the whole body.

This includes push-ups, sit-ups and isometrics in addition to the distance training. "Wind sprints are also real good. You can't just play table tennis."

Miller and Mason are also going to

change the name of the club in the near future to attract more people. They feel that the club connotation is too limiting. "We want to sensationalize the club Most of them (clubs) are just a joke and don't mean anything. We have a professional staff and a permanent facility

Most clubs meet once or twice a week. Here you can play everyday." Eventually they would like to operate other clubs in

We'd like to see it similar to racquetball. but keep it accessible to everyone. We want to get on TV. With some success it could be instituted in schools.

Mason has already started classes at Sacramento City College ("They're always full") and at American River College. A class at CSUS is in the offering.

We would also like to make a profit. Miller said. "We work over 14 hours a day. added Mason-the rent alone is \$3,000. To pull that much from table tennis is unheard

We're going up slowly. It's not going to boom for a while



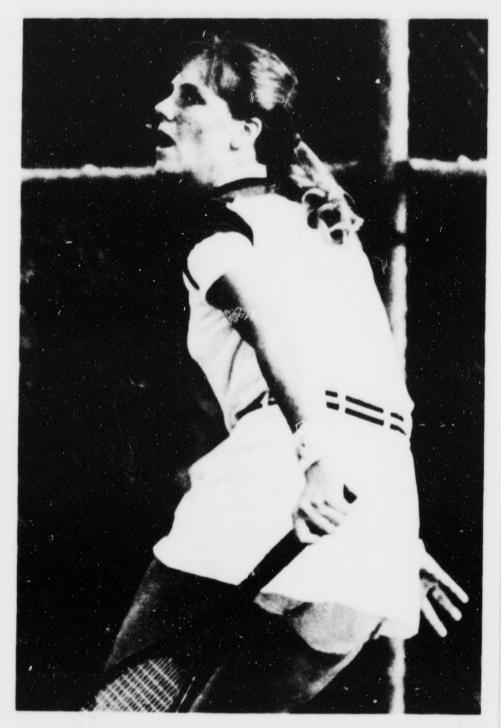
. . . 105 m.p.h. across the nine foot table

PASTIMES

Serving Up Winning Tennis Photographs

A "How-To" Guide To Preserving Your Friends' And Family's Finest Moments On Court





Two examples of classic tennis action frames: (left) the serve taken with a 200mm zoom at net and (right) a study in concentration as the player prepares for her opponent's lob.

By John Stofle

Tennis, fortunately for photographers, is a very predictable sport.

You don't know who will win, but you can anticipate the action; it is contained within a specified area, approximately 78 feet by

Unlike football, baseball and basketball, the competitors are limited to only two or, at most four, as in doubles

You know where the server stands, and that the receiver will not move more than a few feet in any direction, so you can follow focus quite easily.

During the playing of a point, keeping in mind that the server is usually in command, you can anticipate a rush to the net. This is likely to happen often on fast surfaces. resulting in excellent action shots, especially when the receiver has to dive or extend himself to return the ball.

However, on slower surfaces, such as clay, much of the action will take place on the baseline. To get a truly strong picture here, look for a ball that requires the player

to stretch or lunge in order to make the

There are four basic strokes in tennis that every sports photographer must shoot when covering a match: serve, return of serve, volley and the baseline shot. You'll need only a few standard lenses to accomplish this, since the photographer's position, relative to the field of play, is often assigned at a tournament and must remain constant during play. Limited movement is permitted however, between sets and

The best shooting position for photographing both players is court level, as close to the net as you can get, and back from the sideline a bit. This allows you to photograph all aspects of play - the serve. the forehand and backhand, and net play -with a minimum of equipment and, most importantly, with a minimum of movement.

This way you can cover either player without having to shoot through the net. Although this can add an interesting

compositional element, more often than not it intrudes into a crucial part of the frame, tending to obscure the position of the racket or hide the player's face.

Working with a long lens, generally a 200 or 300mm, some of the more dramatic shots of the game can be made of players back at the baseline. The compression of a telephoto both magnifies and intensifies those desperate, stretching leaps across court. Focus must be precise since the action moves in a nearly horizontal plane, but zone focusing can be relied on to some degree.

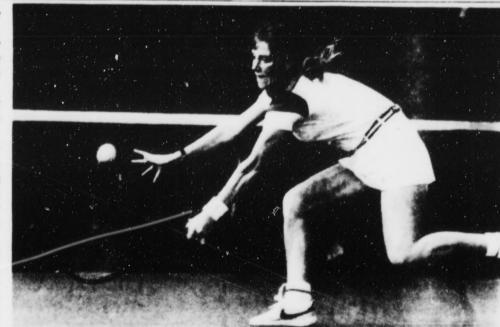
Moving away from the net to midsidelines, the volleys become important and are best captured with a telephoto in the 85 to 135mm range. When a player is volleying in mid-court, he is apt to reverse his direction very quickly. The technique known as "roll-focusing" while panning to keep up with the action must be practiced in this situation. One of the best action situations is the return of serve in which the player appears to be lunging into your lens. This can be captured by taking a position opposite the backcourt line with a 50mm or 35mm wide angle lens.

The serve is the simplest picture to get and can be taken from anywhere along the sideline, usually with the 85-135mm.

You can search out a more unique perspective on the serve by experimenting from different positions away from court or doing some extremely tight framing, or using the natural graphics of a scoreboard, adjacent architectural details and the spectators as interesting background

Apart from the game itself, you should be looking for the color of the event to complete your coverage. The arena, the fans, the officials and attendants will yield good pictures and these can be taken during changeovers and intermissions without

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A long, running stretch for a shot can be easily shot by panning your zoom along the baseline.

WHERE TO BUY

GRAND SLAM: SAC'S BEST TENNIS SHOPS

The tennis boom of the early '70s affected Sacramento just like the rest of the country.

Public courts, private courts and private tennis clubs sprung up throughout the area from Citrus Heights to West Sacramento.

With the increase in players came an increase in tennis "pro shops" and in the floor space designated for tennis in all sporting goods stores.

As the boom leveled off in the late '70s so did the demand for such shops. Many small businesses folded. Yet, many still remain.

And, for the dedicated tennis player, finding one of the good ones amidst the field of mediocrity is a game in itself.

Looking to such dedicated players, the CSUS men's and women's tennis teams, as a compass, one finds that there are three outstanding shops with regards to their stock variety, knowledgeable sales help and experienced stringers.

McIntosh's Sports Cottage (4120 El Camino) includes Prince, AMF Head, Wilson, Rossignol, Dunlop, Yamaha, Donnay and Matchmate in its armory of racquet lines. "Demo" racquets, that is, those already strung and designated for use on a trial basis, are available for a modest \$1 per day.

Julie Johnson. CSUS top-seeded women's player, said about McIntosh's, "It serves all of your tennis needs. Whatever you need. McIntosh's has it."

Owner John McIntosh, a CSUS volleyer himself in 1963 (the year CSUS was ranked first nationally), said, "Tennis is one of our biggest specialties here. We offer one-day stringing as well as experienced, knowledgeable advice on raquets and shoes."

Indeed, their stringing stock is formidable with VS Gut, Victor Imperial Gut, American Eagle Gut, Leoina 66, Prince, Winn Gutex, Bluestar, Pro Kennex, and Snauwaert completing a roster of depth.

This stock depth is complemented by a staff which includes four stringers (using the new Prince Pneumatic stringing machine as well as the Ektelon) who average three years stringing experience each.

Carol Metz. CSUS' number six, has another reason to patronize the shop.

"John married my sister and that made my family and me very happy."

Other players noted the shop for its atmosphere and sales help.

Men's number six, Darren Hart, said, "The people are very good. They know tennis and offer sound advice on the best equipment to use."

Karl Kroeber was one of those "very good people." Now, however, Kroeber works for the second entry in "the best tennis shops in Sacto": New West Sports (1967 Zinfandel Dr. — Sunrise at Hwy. 50).

Boasting what manager Tim Fong calls the largest selection of racquets anywhere within 100 miles, the four-month-old New West stocks AMF Head, Yonex, Yamaha, Durbin, Wilson, Snauwaert, Prince, Pro Kennex, Fila, Dunlop, Donnay and Rossignol racquets.

Their five stringing personnel (each averaging five years' experience) got off to a fast start with their stringing schedule thanks to coupons the shop placed in the current phone book's "Gold Pages" offering a free Leoina 66 string job currently worth about \$12.

Other strings on hand at New West include VS, Victor, American Eagle, Prince, Snauwaert, Winn Gutex, Gamma Gut as well as others.

New West's stringing machines of choice are two Tru Tension machines which were first introduced in 1981. These expensive machines are reputed to be the most accurate due to their unique clamping method and automatic pre-stretching feature.

The New West clothing lines are also extensive, however, and very costly in the way of such Italian designer wear as Fila, Ellesse and Sergio Tacchini. Other labels include Adidas, Boast, Todd I, Ultra Sport, Top Seed and Le Coq Sportif.

Lee Hays, number four on the women's ladder, opinioned, "New West knows the most about tennis." Eighth ranked Dennis Douglas added, "New West has a good attitude toward its customers. They certainly

know how to take care of you.

Taking care of the Sacramento tennis community is something the conveniently located Racquet Works (440 Howe Ave. in University Village) has been doing for some years now.

And, reminds owner Rick Holland, it's the *only* tennis specialty shop in Sacramento, alluding to other shops diverse interests.

Racquet Works carries a full line of racquets including Prince, Pro Kennex, Wilson, Yamaha, Head, Donnay, Rossignol, Kneissel, Dunlop, However, they require a MasterCard or Visa to demo a racquet so the student without credit (or their parents') is

Most players preferred Racquet Works for its exclusive selection of tennis wear including Fila, Ellesse as well as Ruth Robbins, Jockey, and West One.

CSUS men's number one Sean Martinez said, "Racquet Works is the most expensive tennis shop, but its selection of clothes is definitely the best around."

Peggy Zarriello, ranked two on the women's squad, likes Racquet Works because, "They do a lot for you. The service is very personalized and the people will spend a lot of time with you."

There are about 31 years of stringing experience in the stringing staff comprised of Rick. Rose Holland and Al Boehle who also use the new Prince Pneumatic/Ektelon combination. One-day stringing service is offered with their stock which matches New West's and McIntosh's.

This one-day service plus its proximity to campus swayed many of the team members to become regular customers.

"Availability is the key to Racquet Works," said men's number four Bruce Ouigley.

The tennis boom may be over but, at least in these three shops, it was survival of the fittest.

-AIMEE VOYDAT & BARRY WISDOM



Rick Holland's (right) Racquet Works is a study in class and quality.

DENNY MAPE

What's In

Continued From Page 6

this spring will depend upon the wearer and the occasion," said Glyer.

I'm still bewildered. She said it depends on the personality and mood of the wearer as to what hem length or heel height will do.

She said "Make a fashion statement." How's this for a statement—"I don't know what to wear."

Adapt the trendy clothings to what you're like, and what you're doing and you'll come up with something that's in, said Glyer

Let's see, take some trendy stuff: leather, pink polka dots, Vaurnets, ruffles, tweed and shoulder pads and combine it with personality traits. OK, but how do I know what's in? —MEGHAN BROPHY

Dream Jobs

Continued From Page 5

Council in International Education Exchange, 205 East 42nd St., New York, NY 10017

Check the classified ads in your local

Tans

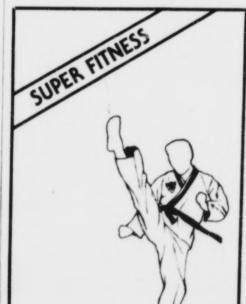
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drinking lots of diet soft drinks (before she switched to juices) she could get a deeper tan. Saccharine, she claimed, makes your skin "sensitive to the sun.

"The tannest parts of your body are close to your organs," said Dobbins, explaining that tans are darker on areas of the body with a higher percentage of fat, "That's why feet are so hard to tan."

"What it all boils down to," said a CSUS sunner, "is having fun in the sun and using common sense."

—AMITY HYDE



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papers. They will have specific companies announcing applications, or for a price, you can send for a book that will list lots of jobs.

In The State Hornet, one advertisement read. "Jobs on Ships. Send \$3.00 for information to Sea Fax. Dept. A-16, Box 2049, Port Angeles, WA 98362." Another advertises cruise ship jobs, and gives you a phone number to call in Sacramento (973-1111). Other places to check for announcements concerning these types of jobs are the Career Centers at the junior colleges in the area, (CSUS's Career Center didn't carry this type of job).

There are so many more jobs in these places and others that it is impossible to mention all of them—in Hawaii, Cape Cod. Florida. and even here in California. Send for one of the books or just keep your eyes open for announcements around school. But, most of all, don't believe that a "Dream lob" has to remain only that for you. Why not make it you who is doing something new and exciting this summer instead of someone else?

—KAREN WILHELMS

Rodeo

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and a "heeler" — each with their appropriate job. The header must rope the steer around the horns and then dally the loose end of his rope around the saddle horn and turn the steer away from his partner. The heeler then "comes in for the heels" and ropes the steer's hind legs and takes his dally. When both header and heeler face their horses toward the steer the clock stops.

Steer Wrestling: Known in rodeo lingo as "bull doggin." steer wrestling is the one event that often requires physical size and strength. In this event a man drops from a fast-running horse onto a charging steer. stops the steer and throws him to the ground. Requiring speed and agility as well. a contestant's biggest challenge is overcoming the massive weight of the steer. The steer wrestler's partner in this event is the "hazer," a person who rides alongside the steer keeping it in a straight position for the cowboy to drop down on. The time stops after the contestant has thrown and turned the steer's head and all four feet out in the same direction

Calf Roping: Similar to the women's breakaway roping, calf roping also involves split second timing. When the calf is roped, the cowboy dismounts and runs down the rope, throwing the calf and tieing three legs with a "piggin" string. A true show of grace when all variables fall into place. Roughstock

The last category of events are the riding events or "roughstock" events, which involve the unbroken animals and the cowboy who's looking for thrills

Saddle Bronc Riding: Having to stay mounted for eight seconds ias in all rough-stock events) seems like an eternity for some contestants. In saddlebronc riding the contestant is riding in a saddle on top of a twisting and bucking horse. The smoothness of the contestant's spurring strides and the timing of the bucking bronc's rhythm is the basis for the judging.

Bareback Riding: In bareback riding the contestant is, as the title imposes, riding bareback — no saddle, only a suitcase-like handle that is attached to the top of a leather "riggin" cinched around the horse's middle. The only visible means for the cowboy's grip. Reaching as far forward as he can, the cowboy wants to try to spur the horse on each jump. The longer the spurring stroke along the horse's neck, the higher the ride is scored.

Bull Riding: Bull riding is referred to as the most dangerous as well as the most exciting event in the sport of rodeo. With a ton of power underneath the contestant, the cowboy tries to keep his balance and position while the bull bucks and spins. A perfect bull ride is a show of courage and insurpassed determination on the part of the bull rider. An ultimate contest between man and beast.

Touring

Continued From Page 16

tive attitude when training. "You've got to stick with the riding everyday and not get discouraged," said Karen. She explained that if you're going to ride with someone on your tour, be sure to ride with them a lot beforehand. "You may have different concepts of mileage. You might want to ride 10 miles a day and they might want to ride 70."

In addition, it is recommended that a person train in accordance to the area where they plan to ride on their tour. For example, if you are going to tour in the Yosemite area, it would be a good idea to train where there are many steep inclines, as these are what you will encounter at Yosemite.

Now that you are in reasonable shape, the next thing that comes to mind is the equipment needed for the tour, which depends on whether you plan to camp along the way or stay at some type of overnight lodging. The price of your tour will be a little less for camping but then you will have to bring along a tent, sleeping bag, cooking utensiles, and food.

If you do not prefer the ultra-rustic style of touring, there are the youth hostels, which are dormitories designed to put up groups of people for the night. They are relatively inexpensive and are recommended for bicycle tour groups. If you plan on staying at youth hostels, you will need just about the same things as the outside camper, except the tent.

The best thing to do, though, when getting equipment, is to go to a camping-backpacking specialty store and tell the people there what kind of tour you are planning on taking, and they should be able to find what is right for you. Also, be sure to buy all of your supplies in the United States, as it can be very confusing trying to tell someone who speaks a foreign language exactly what you need.

About the only thing to do now to prepare for your tour is to find a good route. One is to get a book on touring that deals with a geographic area of your interest. This will help to explain what to expect in that area as far as weather and road conditions are concerned. Then, when you have decided in what general area you wish to tour, the next step is to get detailed maps

that show routes off the main road In Sacramento, these maps are available at the Cal Trans office downtown. You can either go to the office or write Cal Trans to get tour maps of bicycle routes in California. If you are planning on touring out of the country, write the Department of Tourism for route guides.

In addition to the Hawkins' two books, there are also a few other good books on bicycle touring. The Bicycle Touring Book by Tim and Glenda Wilhelm (according to Karen "The Bible of touring") is highly recommended for people planning tours.

Also. Bicycling magazine is very useful for finding up-to-date tours. And the Bicycle Touring Atlas has maps of tours all around the world

Hawkins

Continued From Page 16

book," said Gary who expressed that if they were to write three more books on touring in the near future, it would mean a change of lifestyle. "We never intended for touring and writing to be a major way of life."

In their new book, the Hawkinses divide the Western United States into three regions: the Far West (California, Nevada, Oregon, Washington); the Mountain States (Colorado, Idaho, Montana, Northern Utah, Wyoming); the Southwest (Arizona, New Mexico, Southern Utah), and describe the climate, geography and routes for each state.

Also, Bicycle Touring in the Western United States offers information of other bicycling books, route guides and maps, established touring organizations, and mail-order sources for tour accessories.

And like their book on touring Europe. Gary and Karen devote much of their latest work (four chapters) to preparing for an extended tour.

Tennis Photos

Continued From Page 19

missing so much as an overhead smash.

"Tennis photography isn't all forehands and backhands. You've got to be able to crank out the feature shots, the initimate moment when the player lets you into his life off the court," explained veteran tennis photographer Russ Adams, in a recent

interview

"When shooting tennis, you have to anticipate the moment," said Adams. "If I see the ball in the frame, I've missed the shot. So I try to get to know the players and catalog their every move. You must think tennis in order to shoot it well."

SAVE THE SEALS SAVE THE SEALS GREEN PEACE GREEN PEACE GREEN PEACE GREEN PEACE GREEN PEACE GREEN PEACE GREEN PEACE

Sleaze

Continued From Page ! 1

Ebert (sic) as Dog of the Year. A gang rape by four louts and how she gets even. Rare in exploitation films in its focus on the woman prevailing.

- "Axe" Three queer bashers find themselves no match for a slightly unbalanced teenage girl.
- "I Drink Your Blood" Manson like hippie band eats meat pies tainted with rabies. Not desirable as neighbors. As funny as it is graphically violent.
- "I Dismember Mama" Zooey Hall plays a man released from a mental institution who begins to kill again in this psychotic low budgeter.

Well, you get the picture. Fortunately Sacramentans will probably never see these classics. On the other hand, many in far off places will. As a recent news article by Peter Stack noted, films like "Bloodsucking Freaks," "Sword Kill" (in 3-D), "A Night to Dismember" and "The Executioner" (about a fellow who blows people's heads off with a bazooka) are being exported to such eagerly waiting bastions of culture as Italy, lapan, Holland and Ecuador.

However, while many of these films may never reach Sacramento, parts of them (dismembered, no doubt) will. According to Stack, a video cassette featuring gory highlights of some classics will soon be available for viewing in the privacy of your own basement.

For earlybirds, the cassette's \$54.95 price will include a barf bag and death certificate.

One final thing about the audiences for these pictures: I've separated them into four main groups. First there are the teens (which includes little kids who drag their unsuspecting grandparents with them); the full-blown cultists and connuisseurs of sleaze; the jaded types described earlier; and the sort who goes to see these films only occasionally because of their (the films) absurd nature. To them these films are so stupid, often poorly executed (no pun intended) and juvenile, they are laughable.

Of these categories, I suppose I would have to place myself in the latter. It's sick, I know. But, to quote an insane relative of mine who's on welfare: "If you're sick, you don't have to justify anything."

Books

Continued From Page 5

delphia Dance Alliance in Pennsylvania.

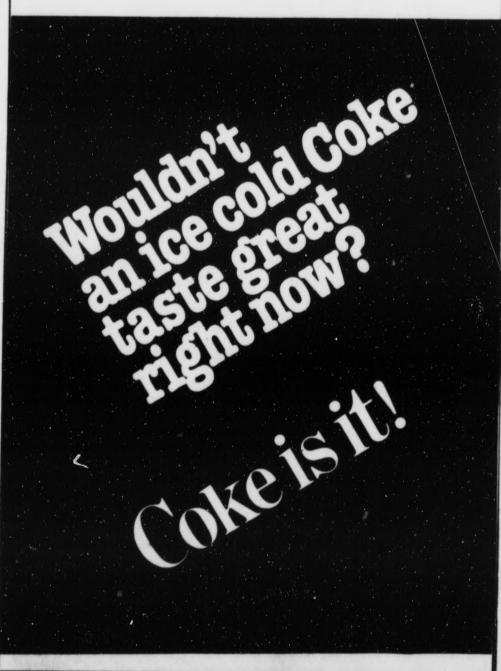
- Technical work at the Johns Hopkins University applied physics laboratory (this one even pays a salary).
- Finally, recreational assistants at the American School for the Deaf in West Hartford, Ct.

Most of these internships have a possibility for college credit but few are salaried.

You can get this book at your local bookstore or directly from the publisher by sending \$12.45 to Writers Digest Books.

Besides the three listed above, there are many other books that are helpful when job hunting. Check with a bookstore to see a more complete selection.







Yeah, You Wish You Had A Pair

Whether dangling by a cord around the neck, resting on top of the head or even on the face (gasp!), Vuarnets are the fashion accessory/practical sunglasses of California choice.

These people couldn't care less about being called "four eyes." They don't mind because they know those two extra doublegradient, cadmium-treated, finely opticallyground "eyes" are equal to some 20 hours behind the grill at Burger King.

The "eyes" are Vuarnets. And they're the best.

Even if they weren't, the current status which accompanies the \$55 and up price tag makes these imported French sunglasses worth every penny to those seekers of "cool.

Jean Vuarnet started it all. His gold medal in the downhill at the 1960 Winter Olympics at Squaw Valley only helped to popularize the unique "shades" he flew down the mountain with - glasses he himself designed.

Now, the yellow-tinted glasses are still very popular with snow skiers because of their ability to cut all glare in bright sunshine and yet enhance shadow areas.

But what do high schoolers — and junior high schoolers - know of the addition of cadmium during the initial melting process of the glass (for strength) or the fact that a double-gradient is the dark sections on the top and bottom of the lense (which extend visibility in smog, fog and haze)?

Right. It really doesn't matter. They know their friends have them, their older siblings have them and, maybe, their parents have

It used to be a lot cheaper when the prerequisite for being a maturing kid was a "coonskin cap" a la Davy Crockett instead of a pair of Vuarnets a la John Denver.

It's a status deal," confirms Scott Liske of Sacramento's Sierra Outfitters. "The age group is around 15 to the upper 30s." Outfitters, which sells some 1500 pairs of the French pupil protectors yearly, asserts that quality is the number one consideration in buying Vuarnets.

Goodwin-Cole Sporting Goods, however, is more honest.

"I think fashion has a lot to do with it.

Customers see other people with them and want them, too," said G-C's Margaret Dunbar.

More people buy them for fashion probably," said Karl Kroeber of New West Sports, "but they do have the quality as

This quality is not as obvious as the unique Vuarnet style.

Style?

Wait a second. Vuarnets are ugly. I mean, they're throwbacks to the fabulous '50s with 'wraparounds" and "cat-eye" styles leading the pack. That's '80s style?

Maybe not, but that sticker price cer-

Is \$55-\$100 really worth it to receive two jaundiced lenses in a nylon frame just so you an have the joy of finding that tiny "V" mounted on a ski, cleverly etched into the right lens?

A noontime excursion to the CSUS library quad may answer that. Vuarnets breed there.

Point of view: Vuarnets are a symbol of the bourgeois pigs who oppress the working class of this country. Their prohibitive cost and questionable usefulness make them a mask for the idle rich to hide behind as they oppress the downtrodden.

As are most bourgeois pigs, they look to conformity and flinch at the slightest touch of individualism. Vuarnets all look the same despite their cheap attempts at diversity by offering different colors. People who wear Vuarnets are fascists.

Point of view: Vuarnets are high quality, practical accessories for the active sportsman who demands superior quality in all things. For snow, beach, mountains, desert, there is no better vision enhancer than Vuarnets. \$60 is a lot of money, but when you're climbing that mountain, one false step could lead to . .

Now, let's return to the CSUS quad and see which description seems to fit the best. OK. Well, fascists are nice people, too.

-BARRY WISDOM



DO'S & DON'TS FOR VUARNET WEARERS

1. Do sleep with them on. They can either shield you from: a) an inconsiderate roommate's itchy light switch finger or, b) a face you thought was a 'nine" at 3.

2. Do wear them on even the most overcast of days. Ultraviolets pierce even the densest of clouds and besides, you never know when some bug will make a power dive into your eye socket.

3. Do enjoy the "green eyed" jealousy of the computer science majors who have opted for dorky "flip-down" sunglasses.

4. Do deduct the cost of your Vuarnets from your income tax. Due to the proximity of Mather and McClellan Air Force bases (i.e. ground zero) they are a must for post-attack optic survival.

5. Do correct people who say "you probably just bought them because you think you look cool with them on." There's no doubt whatsoever-of course you did!

1. Don't call them "nets."

2. Don't wash them in the dishwasher. They are not machine wash safe.

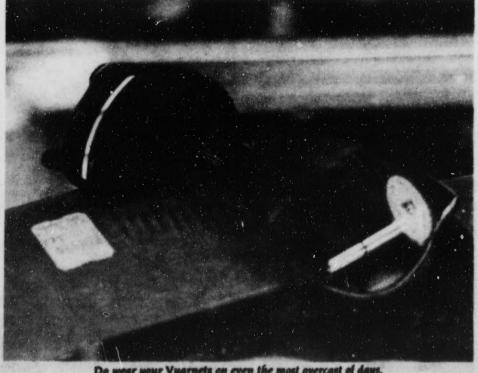
3. Don't wear them to play tennis with. The yellow balls, with the help of the tinted Vuarnet lenses, will become next to invisible. And, even with your Vaurnets on, it's hard to look "cool" when you're playing like Stevie Wonder

4. Don't do any heavy welding in them. They're good, but.

5. Men: Don't leave them on while doing business in the lavatory. See number three

6. Don't demean your lenses by doing cheap laugh impressions of Stevie Wonder, Ray Charles, Jose Feliciano, etc. in them. Make sure they're truly witty first.

7. You're the captain of a Federation starship. Suddenly a giant nova flashes on your viewscreen. Unprotected, your retinas burn out. What will you do? What will you do? Vuarnets, don't leave the galaxy without them.



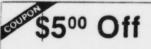
Do wear your Vuarnets on even the most overcast of days.

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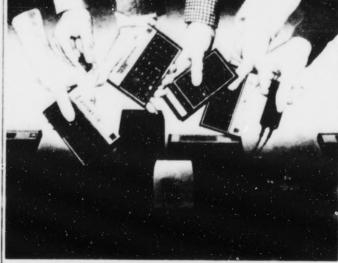


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